**Himalayas River Journey**

Far more than just a wet roller coaster ride, the exhilaration and teamwork are truly rewarding, river journey are the essence of escapism taken on the most magical liquid Himalayas river highways to explore untouched Beauty of the River. It is our driving passion and our single commitment. Quite simply, we do it better and safer because it matters more to us. On the river journey there are no hassles, no traffic, no stress, and only a very convoluted sense of time. Life is dominated by the simple and basic necessities of food, sleep, fun and sun, as we drift through a succession of beautiful beach campsites separated by miles of gravity-powered adrenaline and water-induced reflection. Nepalaya Explorer has created an entire life around taking people down Himalayan Rivers. Our holidays are all about excitement, and journey through the natural beauty and cultural diversity of some of the planet’s remotest areas. We’ll guide you down the most exciting wilderness rivers and introduce you to our favorite destinations in style with safety where others haven’t been or done before.

Our fully supported river expeditions are thoroughly equipped to the last detail. Expert professional guides, safety kayaker and state of art equipment make any challenging rivers possible, even if you have no previous rafting experience. All you need to have good mental attitude and a sense of adventure humor you’ll soon be enjoying the wilder moments of these mighty rivers. As soon as your paddle touches the water and smile on your face you’re no longer a client, you’re become a team member.

If whitewater kayaking is your passion or want to take a kayaking course we give you the opportunity to run and learn these remote rivers with unloaded boats, giving you time and opportunity to do all the playing you can handle for intermediate and professional. For beginner’s kayaker our instructor will take you down the river for kayaking course and teach you from very basic knowledge to the entire complete course to make you able to run grade 2+ rapid in 5 days. Onwards if you like to improve your paddle skill we combine you on our easy river trip where you can become a team member and friends with our river Rats and learn more out of it.

Nepalaya explorer pioneered descents on many classic Himalayan rivers such as India and Myanmar. Most of the people we take down rivers never been on a river expedition before, and it is both a great joy and great responsibility to introduce people to our passion. If you have half as much as fun we do then you’ll have the trip for your lifetime.

**A Day on the river:** There are no rules to running rivers other than those dictated by common sense. To enjoy and learn, participants need to be flexible and adaptive in changing situation, with this in mind here’s what we normally plan on any river journey.

We rise at down with sun and wander to the campfire where a huge pot of coffee is waiting. Coffee not only wakes us up, it also insulates us from the fear of being a sentient being early in the morning, when the vastness of the world and the smallness of our place are so clearly seen. After a hearty breakfast and loading the raft, we start rafting. We try to get on the water by around 9am. On the river you’ll paddle hard through the rapids and cruise in between. Any of the larger volume rivers you could safely say about 30 percent of the time is running rapids, and 70 percent cruising. The days rafting is punctuated with a leisurely lunch break around midday, as well as stops to scout the more challenging rapids, explore temples and villages, waterfalls for Canyoning and other interesting sights. The length of time spent rafting is directly related to our choice of spectacular campsites. Typically we are on the water 4-6 hours each day. We get into camp around 3-4pm in the afternoon and there is plenty of time to explore and relax. On most expedition trip there is a layover day built into the itinerary, a chance to do as little or as much as you wish. Let’s face it, these areas are so difficult to get to and it would be shame to end up rushing. Evenings are spent around the campfire under the Himalayas stars or full Moon nights getting to know the people on the trip. Food is expertly prepared by our river Master chef getting help by raft guide and kayakers. After a few days on the river time has little meaning; river time takes over. Having played hard all day it’s often a surprise to look at your watch before going to bed to find it’s only 8pm whereas you where sure it was closer to 10pm. The next day we begin all over again and fallow the Himalayas drain.

**Important Choosing a River:** Before you decide what river you’ll do, you need to decide what it is you want out of the river trip to begin with. Most of our journeys offer some real heart thumping white water with the incredible journeying aspect of a long river trip to most relaxing, scenic and deluxe trip with picnic lunch on the easy river. Ask yourself how daring are you? Do you want to rough it? Do you want to trek? Do you want to fly with Helicopter to the river put in point? How much time do you have? What can you afford? Are you looking for Luxury deluxe trip with family? We do operate Honeymoon and Married Anniversary river rafting in style safer, private, luxury and romantic setup. Whatever the combination, Nepalaya Explorer is bound to have a trip to suit you. Just browse our website and you will see, and feel free to e-mail us and we’ll be happy to help you put together an ultimate trip for lifetime.

**State Of The Art:** NRS Self-bailing rafts, new life jackets, helmet, dry bags for your personal gear, outdoors tents, sleeping matt, sleeping bag ( if you have one and use yours better idea ) wet suits, wet shoes and paddle top is depend on the season and weather, camera pelican case make dealing with an expedition the experience it should be. On most trips we have variety of craft including paddle rafts, Oar rafts and kayaks. Paddle rafts are our boat of choice, the guide controls the raft with series of commands to the crew who paddle in unison to steer the craft. The exhilaration and teamwork are truly rewarding. We also have oar rafts for anyone who doesn’t want to paddle, but prefers instead of relax as a passenger. The guide row the boat with a set of oars and the physical demands on passengers are minimal**.** This craft we use for family, honeymooners and married anniversary trip.

**The Water & Dates:** We choose our departure to coincide with optimum river levels and climate, as we like warm water and sunshine. Almost all the rivers we run are free flowing, and river level can fluctuate dramatically over the season. High water (Monsoon Blast) trip provides the exhilarating of greater speed, bigger waves like one single piece of hill, and challenging rafting. Lower flows require tight teamwork, technical and more precise maneuvering. The River Grades mentioned with each river are based on the flows we normally run, but feel free to contact us and we can give a pretty good estimate of flows on any river in relation on the actual time you plan to be on the water. Actual water levels during your trip may be higher and the river more demanding, it all depends on the River Gods so there for we respect and put more safety kayakers, run safely and have Fun with it.

**Rafting and the River Environment (Give & Take):** We treat every area as if it was our home. The Himalayas, for all its massive mountain peaks and impressive geography, is actually an incredibly fragile environment. Deforestation, erosion and overpopulation on the river bank are becoming major problems as well as Hydro Power Dam in some areas. Tourism, which has given new opportunities and resources, has also had a large effect on the consumption of natural resources. Our lives have revolved around rivers, mountain and people. These areas have captivated our imagination and our hearts, and throughout all the years inspired us. For over two decades of river running experience we have gaining knowledge and appreciation for those little known areas. We feel an increased responsibility to protect and preserve these wild places and this is the message we convey to everyone. It is of the utmost importance to all of us that our interaction with the people we encounter along the way be positive and mutually beneficial. We treat every area as if it was our home. We provide real benefits to local economy, employing and training staff, purchasing all supplies and services locally, and supporting people in the areas we visit for sustainable development with providing such as medical, education and environment campaign in community.

Nepalaya Explorer has taken significant steps towards the protection of the Himalayan environment and the people who live here. If you would like to know how you can help, please contact us because we are running our Nepal Community Project (NCP) for Sustainable Development in rural areas as well as badly damages villages by April 2015 Earthquake.

**Safety First:** At Nepalaya Explorer, we take safety very, very seriously. It is our first and never forgotten priority, and it shows. We employ some of the best rafting guides from Nepal and world. These men and women are whitewater professionals, trained in AR, CPR, emergency wilderness first aid, swift-water rescue, whitewater rescue technician, international rafting federation training (IRF) Nepal Red Cross. They are highly experienced, and level-headed in the most demanding and stressful situation. Many have guided in world best river, and some have been involved in pioneering first descents of rivers in worldwide. They have devoted their lives to the navigation and understanding of Whitewater Rivers.

All Nepalaya Explorer expeditions have professional safety kayakers produce by Nepal Kayak Club accompanying the expedition who can get to a swimmer faster than anyone else. Far from just another kayaker, these are people who run anything blind, with a rescued person hanging off the back or front of their boat and all the while smiling like they just discovered teeth. We carry an extensive medical and rescue kit on all expedition, and are absolutely fanatical about hygiene in camp, lunch place, put in point and take out point. In fact, one of the most dangerous things you can do on a rafting expedition is caught coming back from the loo without washing your hand.

Nepalaya Explorer has been running trips, and if anyone can do it, we can. However, the Himalayas are unlike any other area on earth, and things here tend to happen in their own way, and at their own time. In short, this is not Disney land. Things which would be accomplished by simply picking up a phone anywhere else can be weeklong ordeals or simply impossible to accomplish. We at Nepalaya Explorer rely on the experience, capability and expertise of our guides, state of the art river gear, as well as pre-planned and thoroughly thought out plans to keep things together in the unlikely event that something should go astray. It is imperative, however, that the prospective group members realize that they are entering an environment where the rules and realities of life are much different from the West. It’s a big part of what makes our journey magical, and in our opinion, more than offset by the brilliance of being able to journey through some of the world’s last true frontiers.

While rivers are at the Heart of Nepalaya Explore over the years our specialties have expended as more clients return with grand tales of exploration and adventure. We also offer programs that can combine multi outdoor adventure river journey, treks, peak climbing, wildlife safaris, city sightseeing, rock climbing, canyoning, caving, Nepal community project, team building and environment campaign. We have designed and run specialized guide training courses, National and International Army training, expeditions and youth leadership programs that offer students adventures and learning experience in a world they couldn't imagine existed.